



## **Acne Treatment**

Acne can start in teenage years and continue until mid life. There are several causes proposed for this common condition involving the pilo-sebaceous units.

Today, there are many effective acne treatments including topical and oral therapies. This does not mean that every acne treatment works for everyone who has acne. But it does mean that virtually every case of acne can be controlled. Waiting for acne to clear on its own can be frustrating. Without treatment, acne can cause permanent scars, low self-esteem, depression, and anxiety.

To avoid these possible outcomes, Dr. AK recommends that people treat their acne early. When the skin clears, treatment may still be continued to prevent new breakouts. AK care provides various treatments for acne management. Nevertheless, home regimens are an essential part of the treatment in addition to clinic therapies.

### **AK Care**

375 Howden Blvd. Unit 2  
Brampton, ON L6S 4L6

[info@ak.care](mailto:info@ak.care)  
647 622 7325