



## **Botox for TMJ Pain**

TMJ disorders refer to several symptoms such as acute jaw pain, tension, locking, clicking, clenching and grinding teeth (bruxism) generating persistent pain. There are treatments available like night guards to stop teeth grinding, physiotherapy, stress reduction and pain medications.

Dr Amir is offering Botox injections for the treatment of pain pertaining to temporo-mandibular joint dysfunction. Botox blocks the neurotransmission of messages from the nerves to the muscles which makes them contract and move. Once this is blocked, overactive muscles relax, resulting in a reduction of muscle spasm and pain in the patient. This is a reversible effect that lasts a few months till the Botox effect wears off and muscle function returns to normal.

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