



AK Care
375 Howden Blvd. Unit 2
Brampton, ON L6S 4L6

info@ak.care
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Chemical Peel Informed Consent

The information provided in this informed consent should be followed by all patients receiving a Chemical Peel treatment. You will be asked to sign this form acknowledging that you have read and understood all of the information presented.

Patients who should not be treated

- Patients with active cold sores or warts or skin conditions/diseases/ virus e. herpes.
- Skin with open wounds, sunburn.
- Excessively sensitive skin, dermatitis or inflammatory rosacea in the area to be treated.
- History of allergies, rashes, or other skin reactions, or sensitive
- Allergy to salicylates (i.e., aspirin).
- Have taken Accutane within the past year or topical retinoids within 1 week.
- Received chemotherapy or radiation therapy or cancer patient.
- Pregnant or breastfeeding (lactating) women.
- Recent facial surgeries within 8 weeks or injectables (Botox/Fillers, etc) within 3 weeks.
- Family history of scarring, pigmentation & Keloids
- Laser treatments within 3 weeks.
- Heart diseases or serious uncontrolled medical conditions.

One week before your peel

Avoid these products and/or procedures for one entire week prior to your chemical peel...

- Electrolysis
- Waxing
- Depilatory Creams
- Laser Hair Removal
- Sun Exposure
- Retin-A, Renova, Differin (Adapalene 0.1%), Tazorac or any product containing Retinol.

Two to three days before your peel

Stop using...

- Any products containing AHA or BHA, or benzyl peroxide
- Any exfoliating products that may be drying or irritating



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After your peel

It is crucial to the health of your skin and the success of your peel that these guidelines be followed...

01. If Retinoic Acid is used as part of your treatment, your skin will have a light yellow tinge immediately after the procedure. This is temporary and will fade in 1 to 2 hours. It is recommended to wait until the evening to wash your face, however if you should choose to wash it sooner, please wait until after the yellow tinge completely disappears (1-2 hours).
02. It is imperative that you use a sunscreen with an SPF of at least 20 and avoid direct sunlight for at least 1 week.
03. Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure as they may be more sensitive following the peel.
04. Your skin may be more red than usual for 2-3 days. Please avoid strenuous exercise during this time.
05. Approximately 48 hours after the treatment, your skin will start to peel. This peeling will generally last 2 to 5 days. **DO NOT PICK OR PULL THE SKIN.**
06. When washing your face, do not scrub. Use a gentle cleanser.
07. Apply a light moisturizer as often as needed to relieve dryness and tightness.
08. Do not have any other facial treatments for a least one week after your peel.
09. You may resume the regular use of Retin-A, alpha-hydroxy acid (AHA), or bleaching creams only after the peeling process is complete.

Adverse experiences that may occur after your peel

Itchy and/or irritated or dryness/tightness.

Skin breakout or acne, rash, dark spots.

Swelling, and burning.

Allergies towards any ingredient.

Call the office immediately if you have any unexpected problems after the procedure.



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Lack of effect

Although most people experience peeling of their facial skin, not every patient notices visibly peeling after a Chemical Peel procedure. Lack of peeling is NOT an indication that the peel was unsuccessful. If you do not notice actual peeling, please know that you are still receiving all the benefits of the peel, such as: stimulation of collagen production, improvement of skin tone and texture, and diminishment of fine lines and pigmentation. There are a number of reasons why a patient may not have peeling or may experience minimum peeling.

The reasons may include:

- Having peels regularly with a short interval between peels.
- Frequent use of Retin-A, AHA, or other peeling agents prior to the Peel treatment.
- Severe sun damage. Proper skin evaluation by your skin care professional prior to your peel is important and will help predict the outcome of your peel.

I understand that the Peel treatment is not an exact science and the degree of improvement is variable. No guarantee, warranty, or assurance has been made to me as to the results that may be obtained. Clinical results will vary per patient. No refund will be given.

I understand that occasionally there is no visible improvement and another form of treatment may be required. I do not have any of the conditions described in the "Patients Who Should Not Be Treated" section. I understand that any rescheduling must be done 72 working hours before my treatment.

I understand that if I do not cancel my appointment prior to 72 working hours I may be billed \$50.

The nature and purpose of the treatment have been explained to me. I have read and understand this agreement in its entirety. All of my questions have been answered to my satisfaction and I consent to the terms of this agreement. Alternative methods of treatment and their risks and benefits have been explained to me and I understand that I have the right to refuse treatment. I release to AK Care and its medical staff, from liability associated with the procedure. This consent form is freely and voluntarily executed and shall be binding upon my spouse, relatives, legal representatives, heirs, administrators, successors and assigns.

Patient's Name (printed) _____

Patient's (signature) _____ Date _____

Medical aesthetician _____ Date _____