



AK Care
375 Howden Blvd. Unit 2
Brampton, ON L6S 4L6

info@ak.care
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Microdermabrasion Informed Consent Form

What is Microdermabrasion?

Microdermabrasion uses an adjustable applicator head that removes dead surface skin cells and initiates cellular turnover at the dermis and epidermis level in a safe controlled manner. This approach respects the integrity of the skin and promotes even healing. Maintaining even cellular growth on the surface aids in the youthfulness of the skin's appearance. Microdermabrasion has been used to treat again and sun-damaged skin, some types of acne, and acne scarring, altered pigmentation, fine lines, wrinkles, and stretch marks. Results may include improved skin tone, fewer breakouts, diminished appearance of scars, even skin color, refined skin pores, renewed elasticity, and a healthy glow.

What should you expect during your treatment?

Prior to your first microdermabrasion, as your esthetician, I will perform a thorough skin analysis. If microdermabrasion is not appropriate, you are informed during the session and an alternative treatment may be recommended instead. If microdermabrasion is for you, maximum results are obtained by participating in a series of treatments in addition to following a home care regimen. To further enhance your outcome, I require that you used products specifically directed towards obtaining correction.

Your current daily regimen in your skin care products used will be reviewed, and you will be instructed which products you should continue to use, and will be advised on any recommended additions to your regimen. I recommend keeping regular appointment and carefully following your home care regimen to support your results. As your aesthetician, I take every precaution to ensure that your skin is well hydrated and calm prior to leaving each session. However, you may experience excessive dryness or even some peeling between sessions, which may or may not be normal. Always check with me if you have any concerns after the treatment.

More sensitive skin may experience some redness after the first couple of sessions. This normally goes away after 2 to 3 hours. After your treatment, sunblock must be worn at all times and tanning bed should never be used. You're making an investment in your face: therefore, it is to your benefit to continue to protect it long after your series is completed. Is satisfaction guaranteed? My clients receive a satisfactory to above average results with the series of treatments. Maximum results are highly dependent on your age, cumulative sun exposure, health, menopause, lifestyle, genetic traits, general skin condition, and your willingness to follow recommended protocols. Be aware that many changes may occur deeper within the skin overtime. I find that when participating in a series of treatments, along with a commitment to your daily skin care regimen, noticeable differences may indeed be the outcome.



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You may see a reduction of fine lines and softening of deeper wrinkles, reduction of discoloration, softening and possible reduction in scars, and an overall improvement to the skin's tone and appearance. To continue the maintenance of your skin after you complete your treatment(s), I may inform you of long-term age management programs. You are advised that 72hrs cancellation policy prior the treatment, charge of C\$50 for no show. I acknowledge that I understand that no refunds or claims in context will processed in relation to unexpected allergic reaction or liability to treatment.

Contraindications:

Although it is impossible to list every potential risk and complication, the following conditions are recognized as contraindications for microdermabrasion treatment and must be disclosed prior to treatment:

Have had any waxing or used hair removal cream in the last week

Active infection of any type, such as Herpes simplex virus or flat warts.

Active acne Sunburn

Recent use of topical agents such as glycolic acids, alpha hydroxy acids and Retin-A

Any recent chemical peel procedure

Uncontrolled diabetes Eczema, dermatitis Skin cancer

Vascular lesion Inflammatory Rosacea Tattoos (not effective) / Including permanent make up

Pregnancy/Trying to conceive/Breast feeding

Use of Accutane within the last year

Family history of hypertrophic scarring or keloid formation Telangiectasia/erythema

Allergic to Aspirin, fruits, or milk Electrolysis

Facial injections in the last 10 days

I have been off Retin-A/Retinol for at least 1 week

I have not had any chemical peels or exfoliating treatments in the last week

I am not on oral or topical steroids

Post Treatment/Home Care:

Aerobic exercise or physical activity should be avoided until all redness has subsided.

Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure and tanning beds). If some sun exposure cannot be avoided, first apply, sunscreen with an SPF of 30 or greater. Although sunscreen should be a part of your daily skin care, for a minimum of two weeks, a sunscreen with at least a SPF of 15 must be applied.

Cleanse your face with water or cleanser such as _____ Twice daily followed by a mild sunscreen such as _____ (minimum SPF 30).



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If a site other than the face is treated, the site only need to cleanse once daily, followed by sunscreen. In the event that you may have additional questions or concerns regarding your treatment or suggested home product / post-treatment care, you must consult your therapist immediately. Photo Consent Permission is granted to take photos of my face which may be used for marketing purposes on a website or social networking. YES / NO

Client Name: _____ Signature & Date: _____
Aesthetician name: _____ Signature & Date: _____

Chemical/Mechanical Treatment Tracking

Patient name: _____ Date: _____
Area(s) Treated: _____ Treatment #: _____
Micro tip Grit: _____ Type of peel: _____ % _____
of passes: _____ SOAP Charting: _____

Pre Treatment

- No sun exposure for 2 weeks
- No exfoliating 3 days prior treatment
- No waxing or threading or depilatory creams
- No bleaching agents for 2 weeks

Post Treatment

- No sun exposure for 2 weeks
- SPF 30+ daily
- No waxing/ threading/depilatory

- Next 24 hours:
- No hot showers, pools or hot tubs
- No lotions, fragrances or irritants
- No excessive scrubbing or sweating

Next recommended treatment date: _____ / _____ / _____
Aesthetician name: _____ Signature: _____