



AK Care
375 Howden Blvd. Unit 2
Brampton, ON L6S 4L6

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Post Chemical Peel Home Instructions

Expectations Post Treatment:

Tightness and Peeling from 2-7 days.

Transient hyperpigmentation and superficial crusting in areas of inflamed acne.

Skin type III may experience darkening initially due to excessive shedding of outer layer.

Allergy towards an ingredient.

Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure and tanning beds). If some sun exposure cannot be avoided, first apply sunscreen with an SPF of 30 or greater. Sunscreen (with at least a SPF of 15) should become a part of your daily skin care regimen as your skin will become more sensitive to the sun as a result of this treatment.

Cleanse your face with water or a mild soap substitute such as _____ Keep skin hydrated using _____ a minimum of _____ times a day.

Do NOT apply any type of exfoliation products , avoid waxing or threading as this can severely damage or irritate the skin during the entire healing process. _____ (Please Initial)

DO NOT peel, rub, or scratch your skin at anytime, whatsoever. This WILL cause damage and compromise your results as well as possibly cause severe scarring. _____ (Please initial)

If you experience painful areas of the face, contact your skin care therapist immediately, especially. Any blisters that form will need to be reported immediately. In the event that you may have additional questions or concerns regarding your treatment or suggested home product/post-treatment care, you must consult your therapist immediately.

Additional instructions:

Patient's Name (printed): _____

Patient's (signature): _____ Date: _____

Medical aesthetician: _____ Date: _____